

VALUES INVENTORY

HIGH VALUE	VALUE	LOW VALUE	VALUE	DESCRIPTION
			Help society	Do something which contributes to improving the world we live in
			Help others	Be directly included in helping other people, either individually or in small groups
			Public contact	Have a lot of day-to-day contact with the public
			Work with others	Work as a team member toward common goals
			Work alone	Do projects by myself, with limited contact with others
			Competition	Engage in activities which pit my abilities against others
			Make decisions	Have the power to decide courses of action and policies
			Work under pressure	Work in situations where time pressure is prevalent
			Influence people	Be in a position to influence the attitudes or opinions of other people
			Knowledge	Engage in the pursuit of knowledge and understanding
			Work mastery	Become an expert in whatever work I do
			Artistic creativity	Engage in creative artistic expression
			General creativity	Have the opportunity to create new programs, materials, or organizational structures
			Aesthetics	Participate in studying or appreciating the beauty of things, ideas, etc.

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			Supervision	Have a job in which I am directly responsible for the work of other
			Change and Variety	Have work activities which frequently change
			Precision Work	Work in situations where attention to detail and accuracy are very important
			Stability	Have a work routine and job duties that are largely predictable
			Security	Be assured of keeping my job and receiving satisfactory compensation
			Recognition	Be publicly recognized for the high quality of my work
			Fast Pace	Work in circumstances where work must be done rapidly
			Excitement	Experience a high degree of (or frequent) excitement in the course of my work
			Adventure	Have work duties which require frequent risk-taking
			Financial Gain	Have a high likelihood of achieving very great monetary rewards for my work
			Physical Challenge	Do activities that use my physical capabilities
			Independence	Be able to determine the nature of my work without significant direction from
			Moral Fulfillment	Feel that my work contributes to a set of moral standards which I feel are very important
			Community	Live where I can participate in community affairs
			Time Freedom	Be able to work according to my own schedule

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			Friendships	Develop close personal relationships with people as a result of my work activities
			Power and authority	Control the work activities of other people
			Intellectual status	Be regarded as a person of high intellectual prowess or as one who is an “expert” in a field

Now take the values you rated as HIGH VALUE and pick out the top 6.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____



These 6 core values represent what you need to look for most in a career/job. How do these values relate to your potential careers?