

## **The ADVICE Method: Planning for the Future**

### Introduction and Overview

#### Facilitator Guide

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#### **Preparing for the Workshop:**

The purpose of this overview is to give students an introduction to materials that will be covered by the ADVICE Method. Upon completion of today's workshop, students will know what to expect in upcoming sessions and will expect to complete the series of workshops with a well-developed plan for their future.

Discussion points will include the importance of having a well thought-out plan as well as self-reflection/analysis of current plans.

#### **Materials Required:**

1 copy of the ADVICE Method Preview handout per student

Facilitator expectation	Student participation
<p>Introduction (5 minutes)</p> <p>Begin the ADVICE Session with an introduction to what ADVICE is.</p> <p><i>ADVICE is a method designed to help you develop a well-thought out plan for your future. In order to become the success you want to be, there is much self-reflection and analysis that must happen first.</i></p> <p><i>This method will break down the process into small, manageable 20-minute segments. By the end of the workshop series, you will have a plan mapped out that will guide you toward success, both academically and professionally.</i></p> <p>Mention that the method is designed to be used throughout their years in high school and through their college experience as well.</p>	
<p>Preview A.D.V.I.C.E. (15 minutes)</p> <ul style="list-style-type: none"> <li>• Go over each segment of the method</li> <li>• Ask students what type of information they anticipate receiving based on the preview.</li> </ul>	<ul style="list-style-type: none"> <li>• Have students share their ideas and ask any questions.</li> </ul> <p>If a question will be addressed later on in the series, give a brief response and leave the details for when the segment arises.</p>